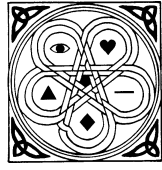


## **Bay Area Center of KinesioHealth**

Adam H. Lehman, En.K.

### ***Resume of Healing Arts Training***

- 1/5-12/11/87 The Swedish Institute for Massage Therapy and Allied Health Sciences. Graduated in top 5%. 680 Hours, including Anatomy & Physiology, Pathology, Shiatsu, Swedish Massage, Medical Massage and Clinic.
- 3/8/87 Touch For Health I, NYC. Instructor: Millicent Kasper, NYC. 12 Hours.
- 10/18/87 Jin Shin Jyutsu, NYC. Instructor: Carrie Morning. 8 hours.
- 5/5/88 Licensed by New York State as Massage Practitioner
- 5/29-6/2/88 Cranio Sacral Therapy (Upledger), NYC. 40 hours.
- 6/1/88-6/1/89 Private Massage Practice in New York City. Swedish, Shiatsu, Medical massage with kinesiology.
- 6/10/88 Touch For Health Facilitator, San Diego, Ca. Instructor: John Varun McGuire 48 hours.
- 6/12-16/88 Touch For Health International Conference, San Diego, Ca. 50 hours.
- 6/88 Member, Touch For Health Foundation.
- 6/88 Licensed by State of Florida as Massage Therapist.
- 7/30/88 Touch For Health IV, St. Louis, Mo. Instructor: Ron Barnes, D.O. 16 hours.
- 8/3/88 Touch For Health V, St. Louis, Mo. Instructor: Ron Barnes, D.O. 16 hours.
- 8/88 Member – American Massage Therapy Association (AMTA).
- 8/16/88 3 in 1 Concepts' Basic One Brain, NYC. Instructor: Jack Krystek. 17 hours.
- 9/2/88 3 in 1 Concepts' Under The Code, NYC. Instructor: Jack Krystek. 17 hours.
- 9/25/88 3 in 1 Concepts' Advanced One Brain, NYC. Instructor: Jack Krystek. 28 hours.
- 10/9/88 Touch For Health I, NYC. Sponsor. Instructor: Carol Kessler. 14 hours.
- 11/4/88 3 in 1 Concepts' Louder Than Words, Arlington, Va. Instructor: Daniel Whiteside. 24 hours.
- 11/28/88 3 in 1 Concepts' Structural Neurology, Burbank, Ca. Instructor: Daniel Whiteside. 30 hours.
- 12/4/88 3 in 1 Concepts' Facilitator Training, Burbank, Ca. Instructor: Gordon Stokes. 35 hours. Certified to teach all above 3 in 1 Concepts' programs.
- 2/89 Member, International Association of Specialized Kinesiologists (IASK)
- 6/15-6/29/89 Professional Health Providers' Series I-III(Advanced Touch For Health), Bali, Indonesia. Instructors: Joan Dewe and Bruce Dewe, MD. Total 96 hours.
- 2/1-6/30/90 Applied Physiology, Melbourne, Australia. Instructors: Don Viney and Dr. Charles Krebs. 500 hours. Included Anatomy & Physiology, clinic.
- 6/1/90 Brain Integration and the treatment of Dyslexia using Applied Physiology Techniques, Melbourne, Australia. Instructor: Dr. Charles Krebs. 20 hours class time, 100 hours internship.
- 7/8/90 Applied Physiology Advanced Training, Melbourne, Australia. Instructor: Richard Utt. 34 hours.

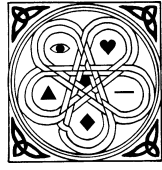


## **Bay Area Center of KinesioHealth**

Adam H. Lehman, N.D.

### ***Resume of Healing Arts Training – Pg. 2***

- 3/6/90 Kinesiotherapy Practitioner Training, Melbourne, Australia. Instructors: Robbi Zeck and Kerry Rowe. 12 hours.
- 7/10-14/90 Touch For Health International Conference, San Diego, Ca. 50 hours.
- 7/22/90 Touch For Health Instructor Training Workshop, San Diego, Ca. Instructor: Richard Harnack, Touch For Health Foundation. 60 hours.
- 7/18/90 Tibetan Energy Workshop Instructor Training, San Diego, Ca. Instructor: Norma Harnack. 3 hours.
- 7/20/90 Stress Without Distress Instructor Training, San Diego, Ca. Instructor: Norma Harnack. 3 hours.
- 8/1/90 Professional Instructor Member, North American Touch For Health Association.
- 9/10/90 Transformational Kinesiology 1, Boston, Ma. Instructor: Linda Clark. 16 hours.
- 9/17/90 Transformational Kinesiology 2, Boston, Ma. Instructor: Linda Clark. 16 hours.
- 10/21/90 East Coast International Association of Specialized Kinesiologists (IASK) Conference, New Jersey. 16 hours.
- 1/14-7/14/91 Internship at Advanced Kinesiology Centre, Melbourne, Australia. Supervisor: Andrew Verity, N.D., Homeopath, Iridologist. In that time, had a practice at the centre, taught classes, shared in and did own research.
- 3/3/91 Blueprint Series, Alpha Workshop, Sydney, Australia. Instructor: Andrew Verity. 16 hours.
- 3/8/91 Kinesiotherapy 1 (Homeopathy and Kinesiology), Sydney, Australia. Instructor: Andrew Verity. 16 hours.
- 3/10/91 Blueprint Series, Beta Workshop, Melbourne, Australia. Instructor: Andrew Verity. 16 hours.
- 3/10/91 Green Medicine – The use of Chinese Herbs with Kinesiology, Sydney, Australia. Instructor: Andrew Verity. 4 hours.
- 4/7/91 3 in 1 Concepts' Body Circuits, Pain and Understanding, Melbourne, Australia. Instructor: Gordon Stokes. 30 hours.
- 4/18/91 Mastermind Training (NLP), Melbourne, Australia. Maxxim International. 48 hours.
- 4/22/91 3 in 1 Concepts' Relationships in Jeopardy, Melbourne, Australia. Instructor: Daniel Whiteside. 30 hours.
- 6/1/91 Green Medicine - The use of Chinese Herbs with Kinesiology Pt. 2., Melbourne, Australia. 4 hours
- 6/14/91 Kinesiotherapy 2, Melbourne, Australia. Instructor: Andrew Verity. 16 hours.
- 7/6-10/91 Touch For Health International Conference, San Diego, Ca. 50 hours.
- 7/12-15/91 International Association of Specialized Kinesiologists Conference (IASK), San Francisco, Ca. 24 hours.

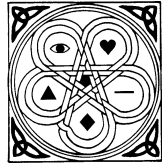


## **Bay Area Center of KinesioHealth**

Adam H. Lehman, N.D.

### ***Resume of Healing Arts Training – Pg. 3***

- 7/24/91 Transformational Kinesiology, Colorado Springs, Co. Instructors: Grethe Froeming and Rolf Hausbøl. 36 hours.
- 8/3/91 Transformational Kinesiology Instructor Training, St. Paul, Mn. Instructors: Grethe Froeming and Rolf Hausbøl. 56 hours.
- 9/1/91 Blueprint Series 1 and 2, St. Louis, Mo. Instructor: Andrew Verity. 64 hours.
- 10/1/91 Began private practice in Berkeley, Ca.
- 2/1/92-Present Opened Berkeley Center of KinesioHealth in Berkeley, Ca. Offering individual consultations (private practice) and training programs in kinesiology for lay people and health professionals.
- 7/92 Polarity Reflex Analysis, Assistant, Sacramento, Ca.  
Instructor: Angela Burr-Madsen. 16 hours.
- 10/25/92 DNA Series 1, Santa Barbara, Ca. Instructors: Richard and Shanti Duree.  
21 hours.
- 11/92 3 in 1 Concepts' Louder Than Words, Burbank, Ca. Instructor: Gordon Stokes.  
30 hours.
- 11/92 3 in 1 Concepts' Childhood, Sexuality and Aging, Burbank, Ca. Instructor:  
Daniel Whiteside. 30 hours.
- 2/7/93 NeuroLink, San Rafael, Ca. Instructor: Dr. Allan Phillips, D.O. 20 hours.
- 3/10-14/93 NutriWest Nutrition Conference, Lake Tahoe, Nv. 28 hours.
- 4/10/93 Total Body Modification (TBM) 1 and 2, Honolulu, Hawaii. Instructor:  
Dr. Victor Frank, D.C., N.D. 24 hours.
- 4/17/93 Polarity Reflex Analysis, San Diego, Ca. Instructor: Dr. Michael Treinen, D.C.  
8 hours.
- 7/10-14/93 Touch For Health International Conference, Las Vegas, Nv. 50 hours.
- 7/16-18/93 International Association of Specialized Kinesiologists Conference, Las Vegas,  
Nv. 24 hours.
- 8/1/93 Total Body Modification (TBM) 3, Las Vegas, Nv. Instructor: Dr. Victor Frank.  
15 hours.
- 8/15/93 Completed Naturopathic Internship with Angela Burr-Madsen, N.D.
- 8/17/93 Certificate of Doctor of Naturopathy, Clayton School of Natural Therapies.
- 8/18/93 Began Naturopathic Residency Program under supervision of Angela Burr-  
Madsen, N.D.
- 8/27/93 TBM Environmental Stress Management Consultant Certification, Sandy, Utah.  
Instructor: Dr. Victor Frank. 15 hours.
- 10/4/93 Member American Naturopathic Medical Association
- 10/4/93 Board certified Naturopath by American Naturopathic Medical Certification and  
Accreditation Board, Committee on Naturopathic Medical Education, Washington, D.C.



## **Bay Area Center of KinesioHealth**

Adam H. Lehman, N.D.

### ***Resume of Healing Arts Training – Pg. 4***

10/23-24/93	Polarity Reflex Analysis Intermediate, Contra Costa, CA Instructor: Angela Burr Madsen
9/15-12/22/93	Herbology, Oakland, CA Instructor: Adam Seller
10/25/93	Liver Detox Technique, San Jose, CA Instructor: Wally Schmitt
3/9/94	NutriWest Conference, Vail, CO Instructors: Wally Schmitt, George Goodheart, others
4/30-5/1/94	Oriental Herbal Medicine Part 1, Foster City, CA Instructor: Jake Fratkin
5/7-8/94	Oriental Herbal Medicine Part 2, Foster City, CA Instructor: Jake Fratkin
5/21-22/94	Biochemical AK, Denver, CO
9/22-25/94	Neural Organization Technique (NOT), Redwood City, CA Instructor: Carl Ferreri
7/10-14/96	Touch For Health Conference, San Diego, CA
7/15-16/96	Touch For Health Instructor Update, San Diego, CA Instructor: Arlene Green
8/2023/96	Transformational Kinesiology, Oakland, CA Instructor: Grethe Fremming
7/11-13/97	Touch For Health Conference, Las Vegas, NV
10/15-18/98	Touch For Health Conference, Orlando, FL
11/28-12/6/98	Applied Physiology Agape Quest, Tucson, AZ Instructor: Leila Parker
3/1-9/99	Applied Physiology Instructor Certification, Tucson, AZ Instructor: Richard Utt
3/17-4/1/99	LEAP, Tucson, AZ Instructor: Charles Krebs
4/22-25/99	ASK-US Conference, San Francisco, CA
6/17-25/99	Stress Indicator Point System (SIPS), Rixensaart, Belgium Instructor: Charles Krebs
7/7-11/99	Touch For Health Conference, Las Vegas, NV
11/28-29/99	Touch For Health Instructor Update, Los Angeles, CA Instructor: Arlene Green
1/17-23/00	PKP Instructor Certification, Orlando, FL Instructor: Bruce Dewe
1/31-2/4/00	Applied Physiology Cell Hologram, Tucson, AZ Instructor: Richard Utt
3/6-3/12/00	Applied Physiology Annual Conference, Tucson, AZ
3/13-14/00	Applied Physiology Update, Tucson, AZ Instructor: Richard Utt
3/15-19/00	SIP 1 & 2, Tucson, AZ Instructor: Lynne McCall
6/14-21/00	Advanced LEAP, Boulder, CO Instructor: Charles Krebs